STATE FUNDED MENTAL HEALTH & ADDICTION SERVICES FOR ADULT RESIDENTS OF THE CITY OF HARTFORD

The CT Department of Mental Health and Addiction Services (DMHAS) funds mental health and substance abuse services for adults.

DMHAS funded services are provided locally by

CAPITOL REGION MENTAL HEALTH CENTER (CRMHC)
500 Vine Street, Hartford, CT 06112
Call 860-297-0800 to Access Services

Services Provided at CRMHC:
- Mobile Crisis Team/Intake/Brief Treatment
- Acute Care Unit
- HOPE Team (Homeless Services and Outreach)
- Forensic Services
- General Psychiatry Unit
- Co-occurring Disorders Unit
- Nursing Team/Medication Management
- Young Adult Services
- Deaf/Hard of Hearing Team
- Case Management / Service Coordinator
- Jail Diversion
- Medication Management
- Outpatient Counseling
- Shelter Plus Care
- DMHAS-Funded Mental Health Services Provider Relations
- Entitlements/Housing Supports
- Peer Support Center
- Independence Program
- Warm Line / Peer Supports on Telephone
- Daily Living Skills Development
- Employment Supports
- Money Management

CRMHC provides services for people who have private insurance, Medicaid, Medicare, or no insurance.

DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES
DMHAS information at: www.ct.gov/dmhas
Service information at: www.ct.networkofcare.org

THE CITIZEN’S VOICE IN MENTAL HEALTH SERVICES
North Central Regional Mental Health Board is a grassroots citizen’s advisory board to DMHAS. Members evaluate state services and promote development of needed services. For information call 860-667-6388. Website at www.ncrmhb.org.

Some Facts about Mental Illness

Prevalent Health Problem
Mental illness is the most prevalent health problem in America. It is more common than cancer, lung, and heart disease combined.

Hope for Recovery
If you or someone you know is experiencing difficulty, there is hope for recovery with proper treatment and supports. New developments have led to successes not experienced in the past.

Early Intervention
As with many medical disorders, early identification and treatment increases the prospects for recovery and reduces the harm and suffering of a longer course of illness.

Treatable Medical Disorders
Anxiety Disorders, Chronic Depression, Bipolar Disorder, and Schizophrenia are treatable medical disorders. They are not reflective of a person’s character, intelligence, or “will power”.

Search for Recovery
Many treatments are available. If one treatment does not work for you, don’t lose hope. Try another therapy or therapist. Peer-supports and recovery-oriented initiatives have also helped many individuals. Other supports are available from private and state service providers.

When to Seek Help
The American Psychiatric Association identifies when to seek help:
- Marked personality change
- Excessive anxieties
- Extreme highs & lows
- Prolonged depression and apathy
- Marked changes in eating or sleeping
- Inability to cope with problems & daily activity
- Abuse of alcohol or drugs
- Strange or grandiose ideas
- Excessive anger, hostility, or violent behavior
- Seek immediate help if thinking or talking about suicide or homicide.

City of Hartford

Emergency & Non-Emergency Telephone Directory for Mental Health, Substance Abuse, and Other Services

This card does not include all the services available, but we hope that this brief list will help you begin your search for support.

Information provided by

NORTH CENTRAL REGIONAL MENTAL HEALTH BOARD
367 Russell Road, Newington, CT 06111

CITY OF HARTFORD HEALTH DEPARTMENT
MAYOR EDDIE PEREZ

For more cards or information call 860-667-6388
Access cards on line at www.ncrmhb.org

Jan. 2009
NON-EMERGENCY MENTAL HEALTH, SUBSTANCE ABUSE AND SUPPORT SERVICES
THE CITY OF HARTFORD

INFORMATION AND REFERRAL
Capitol Region Mental Health Center (CRMHC) 279-0800
Access to State Mental Health & Substance Abuse Svc 800-232-4424
Connecticut Clearinghouse (Educational Materials). 800-232-4424
INFOLINE (Can Provide Additional Service Listings) 211
HelpLine (Wheeler Clinic Support Phone Service) 524-1182
Warmline (CRMHC - Peer Phone Support) Monday - Friday 297-0844
Weekends 297-0920

ENTITLEMENTS / BENEFITS
Care for Kids (Childcare Subsidies) 888-214-KIDS
CT Dept. of Social Services, 3580 Main St (Main Tel) 727-2300
Dept. of Social Services (Medicaid - Program Info) 842-1508
Social Security Administration (Medicare Info) 493-1857
SAGA (State Administered General Assistance) 842-1508
WIC - CT Dept. of Public Health 509-8084
WIC - Hartford Dept. of Health & Human Services 543-8383
U.S. Dept. of Veteran’s Affairs 800-827-1000

FAMILY SUPPORT ORGANIZATIONS
African Caribbean American Parents of Children with Disabilities (AFCAP) 297-4358
Asian Services 951-8770
Families United for Children’s Mental Health 866-439-0788
PADRES Abriendo Puertas 297-4399
National Alliance on Mental Illness - CT (NAMI-CT) 800-215-3021
Southeast Asian Cooperation 951-3325
Mi Casa Family Services and Educational Center 522-5222

FOOD ASSISTANCE / PANTRIES
AIDS Project Hartford / Ryan White Title I 247-AIDS
Asylum Avenue Baptist Church Soup Kitchen 522-9350
Blackwell Memorial AME Zion Church Food Pantry 242-9559
Cathedral of St. Joseph Food Pantry 249-8431
Hands on Hartford - Center City Churches 728-1200
Faith 7th Day Adventist Food Pantry & Soup Kitchen 522-0625
Glory Chapel Food Pantry 278-5247
Jackson Memorial Church Food Pantry 728-1080
Meals on Wheels - Community Renewal Team 560-5926
Meals on Wheels - CW Resources 229-7700
Saint Augustine’s Church Food Pantry 522-7128
Shiloh Baptist Church Soup Kitchen, Food Pantry 527-2111

HARTFORD PUBLIC SCHOOLS
Social Work and Psychology Department 695-8451

HEALTH & HUMAN SERVICES
Charter Oak Health Center, 401 New Britain Ave, Hartford 550-7500
Charter Oak Health Center, 21 Grand Street, Hartford 550-7500
Community Health Services 249-0625
Hartford Department of Health & Human Services 543-8860
Hispanic Health Council 527-0858

HIV/AIDS TESTING
Community Health Services, 520 Albany Avenue 249-0625
Hartford Gay/Lesbian Collective, 1841 Broad Street 276-4163
Hartford Hospital AIDS Program, 80 Seymour Street 545-5398
Latino Community Services, 184 Wethersfield Avenue 296-6400
National AIDS HOTLINE 800-342-2437

HOSPITALS
Connecticut Children’s Medical Center, Hartford 545-9000
John Dempsey Hospital—UCONN, Farmington 679-2000
Hartford Hospital, Hartford 545-5000
St. Francis Hospital, Hartford 714-4000

HOUSING ASSISTANCE PROGRAMS
Imaginero (Section 8 / Moderate Rehabilitation) 522-1028
My Sister’s Place (Bridge Subsidy, Security Deposit Loans) 895-6629

LEGAL ASSISTANCE
AIDS Legal Network 541-6027
Connecticut Legal Rights Project 877-402-2299
Protection & Advocacy for Individuals w/Mental Illness 800-453-3320
Statewide Legal Services of Connecticut 800-453-3320

NON-EMERGENCY MENTAL HEALTH, SUBSTANCE ABUSE AND SUPPORT SERVICES
THE CITY OF HARTFORD

MENTAL HEALTH SERVICES (Adult)
Capitol Region Mental Health Center 297-0800
Catholic Family Services 522-8241
Chrysalis Center 525-1361
Center for Human Development / CT Outreach (CHD) 951-3325
CRT - Behavioral Health Services 714-9200
Hartford Behavioral Health 727-8703
Hartford Hospital - Outpatient Psychiatric Clinic 545-7330
Institute for the Hispanic Family 524-8974
Institute of Living Assessment Center 545-7200
John Dempsey Hospital—Outpatient Counseling 679-5700
St. Francis Hospital Outpatient Counseling Center 714-8970
Wheeler Clinic (Hartford Site) 793-3588

MENTAL HEALTH SERVICES (Children)
Catholic Family Services 522-8241
Hartford Behavioral Health 727-8703
Institute for the Hispanic Family - Child Guidance 524-8974
Institute of Living 545-7200
Klingberg Family Centers 224-9113
The Village for Families 236-4511
Wheeler Clinic (Hartford Site) 793-3588

MENTAL HEALTH SUPPORT & ADVOCACY GROUPS
Advocacy Unlimited 667-0460
North Central Regional Mental Health Board 667-6388
Mental Health Association of Connecticut 800-842-1501
National Alliance on Mental Illness - CT (NAMI-CT) 800-215-3021

NEEDLE EXCHANGE
AIDS Project Hartford (call for information) 525-2181
Community Health Services, 500 Albany Avenue 527-5100
Corner of Hungerford & Park Streets 922-3173
Glory Chapel Food Pantry 249-9625
Hartford Hospital Police Department 527-7300

SHELTERS
Immaculate Conception Shelter, 560 Park St. 724-4823
My Sister’s Place, 102 Pliny St. (women & children only) 522-0416
Open Hearth, 437 Sheldon St. (men only) 525-3447
South Park Inn, 75 Main St. (men, women & children) 724-0071
St. Francis Hospital, 114 Woodland St, Hartford 714-4001
YWCA of the Hartford Region, 135 Broad St. 525-1163

SUBSTANCE ABUSE SERVICES
Alcohol & Drug Recovery Centers (ADRC) 714-3700
Alcoholics Anonymous 283-5924
Blue Hills Hospital (Detox for those w/o payment source) 293-6492
Community Renewal Team 714-9200
Community Substance Abuse 473-8300
CT Community for Addiction Recovery (CCAR) 800-708-9145
Hartford Dispensary - Hartford Clinic, Main Street 525-2181
Hartford Clinic, Weston Street 527-5100
Institute of the Hispanic Family 527-1124
John Dempsey Hospital—Outpatient 679-2553
Latino Community Services 296-6400
Narcotics Anonymous 800-627-3543
Substance Abuse Treatment & Enhancement Project 800-563-4068
Substance Abuse Detoxification 527-0147

TRANSPORTATION
CT Transit (Handicapped or Discount Travel Passes) 525-9181
Dial-A-Ride 724-5340
Med Cab (State Assistance Clients) 953-9051

UTILITIES ASSISTANCE
Community Renewal Team (Energy Assistance) 560-5800
AT & T 800-288-2020

EMERGENCY SERVICES
THE CITY OF HARTFORD

The following services are available 24 hours/day, 7 days/week unless noted otherwise.

IF IMMEDIATE DANGER (Medical, Fire, Police or Person is dangerous to self or others.) 911

MENTAL HEALTH OR SUBSTANCE ABUSE CRISIS
Capitol Region Mental Health Center 297-0999
For emergency psychiatric or substance abuse crisis.

CHILD/ADOLESCENT CRISIS - EMERGENCY MOBILE SERVICES
Wheeler Clinic 866-261-0893
For any crisis involving children/youth ages birth to 17

CHILD ABUSE/NEGLECT
800-842-2288

DOMESTIC VIOLENCE
Interval House Hotline 658-7227
Statewide Domestic Violence Centers 888-774-2900

EMERGENCY ROOMS
(Calling ahead is not required)
Connecticut Children’s Medical Ctr, @ Hartford Hosp 545-9000
Hartford Hospital, 85 Jefferson St, Hartford 545-2515
John Dempsey Hospital - UCONN, Farmington 679-2588
St. Francis Hospital, 114 Woodland St, Hartford 714-4001

POISON CONTROL CENTER - CONNECTICUT
800-343-2722

PROTECTIVE SERVICES FOR ELDERLY (60 +)
888-385-4225
(Open 5 days/week from 8 - 4)

SEXUAL ASSAULT CRISIS SERVICES (SACS)
Connecticut Sexual Assault Crisis Svcs (English) 888-999-5645
(Spanish) 888-566-8832

SUBSTANCE ABUSE DETOXIFICATION TREATMENT
Alcohol & Drug Recovery Centers (ADRC) Hartford 714-3700
Alliance Treatment Center, New Britain 673-6115
Substance Abuse Detoxification 293-6492

Substance Abuse Treatment & Enhancement Project (SATEP) for Referrals & Detoxification Center 800-563-4068

SUICIDE
National Suicide Prevention Lifeline (English) 800-273-8255
(Spanish) 800-628-9454
Suicide INFOLINE 211
Wheeler Clinic Helpline 524-1182